



North/Northeast Indiana January Program Calendar

Monthly Support Groups

Waynedale Library Support Group

1st Thursday, 10 am

January 7th

Trinity English Support Group

2nd Thursday, 10 am

January 14th

Risen Savior Support Group

2nd Thursday, 6:30 pm

January 14th

Good Shepherd Support Group

3rd Wednesday, 10 am

January 20th

1st Presbyterian Support Group

3rd Thursday, 10:30 am

January 21st

NEW - Book Club Support Group

4th Thursday, 11 am

January 28th

All programs are occurring virtually/
telephonically. Call or click to register:

1.800.272.3900

Upcoming Education Programs...

Monday January 4th, 3:30 pm

Understanding Alzheimer's and Dementia

Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources.

Tuesday January 12th, 11 am

Understanding and Responding to Dementia Related Behavior

Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

Thursday January 14th, 3:30 pm

Know the 10 Warning Signs

Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.

Thursday January 21st, 1 pm

Dementia Conversations: Driving, Doctors Visits, and Legal and Financial Planning

This program provides tips for breaking the ice with your family so you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making legal and financial plans for future care.

Special Programs and Series

Living with Alzheimer's - 2 part series for Late Stage

Jan 13th and Jan 20th at 11 am

Living with Alzheimer's - 4 part series for Younger Onset

Jan 19th, Jan 26th, Feb 2nd and Feb 9th at 6 pm

Indiana Long Term Care Ombudsman Program

Feb 3rd at 7 pm